



Photos and Measurements



Chart Your Progress

By:

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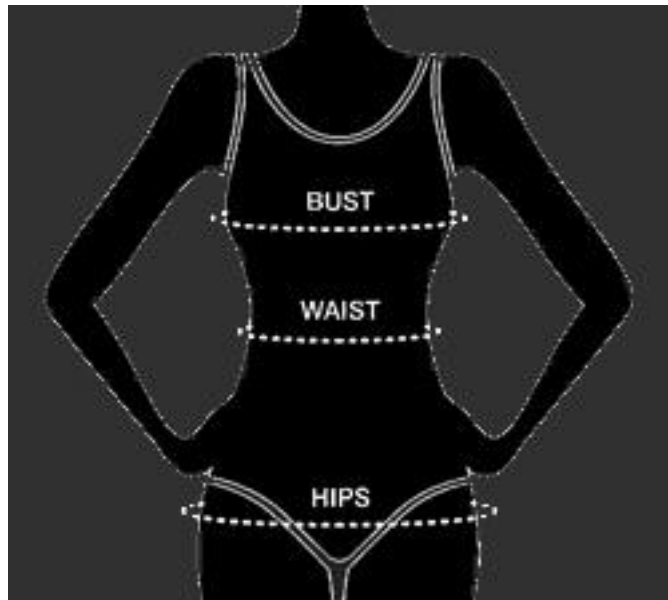
Track Your Belly Blast Results!

Before and After Photos

Place "Before" Photo Here

Place "After" Picture Here

Measurements



Measurements	Day 1	Day 21
Weight in Pounds		
Bust		
Waist		
Hips		

Good Luck!

Send us your results:

info@CompleteBootCampWorkouts.com

We'd love to hear about your Success!

Alicia & Carrie