

Homeopathic Cures

Quick Reference Guide:

<i>Natural Remedy:</i>	<i>Benefits:</i>
Oregano Oil	<ul style="list-style-type: none">• Anti-bacterial• Anti-fungal• Antibiotic properties• Weight loss <p>Can alleviate:</p> <ul style="list-style-type: none">• Gastrointestinal disorders• Respiratory disorders• Urinary tract infections• Menstrual cramps• Acne
Garlic Powder	<ul style="list-style-type: none">• Antibacterial• Lower cholesterol• Strengthen immune system• Detoxify• Improve cardiovascular health• Lower blood pressure (by thinning blood)• Regulate insulin <p>Can alleviate:</p> <ul style="list-style-type: none">• Hyperthyroid• Fungal infections (such as athlete's foot and ringworm)• Earaches
Essential Oils	<ul style="list-style-type: none">• Relaxation• Boost immune system• Reduce stress• Detoxify body from fluoroquinolones (antibiotic treatment that can harm nerves).• Repair nerve damage <p>Can alleviate:</p> <ul style="list-style-type: none">• Menstrual cramps• Headaches• Cold sores• Teeth grinding at night (bruxism)• Sore feet

<p>Coconut Oil</p>	<ul style="list-style-type: none"> • Relieve stress • Aid digestion • Facilitate weight loss • Anti-microbial • Anti-viral • Anti-bacterial • Improve bone density • Improve dental health • Excellent topical beauty product for conditioning hair, skin, and nails <p>Can alleviate:</p> <ul style="list-style-type: none"> • Stress • High blood pressure • Diabetes symptoms • Cancer symptoms • HIV symptoms • Epilepsy symptoms • Alzheimer's symptoms
<p>Chlorella</p>	<ul style="list-style-type: none"> • Maintain healthy levels of iron during pregnancy • Prevents stress-related health issues • Detoxify <p>Can alleviate:</p> <ul style="list-style-type: none"> • Anemia • Cancer symptoms • Constipation • Bad breath • Hypertension • Hypoglycemia
<p>Manuka Honey</p>	<ul style="list-style-type: none"> • Antibiotic properties • Improved energy • Improved digestion • Prevents certain types of cancer • Restores skin elasticity (topical treatment) <p>Can alleviate:</p> <ul style="list-style-type: none"> • Sore throat • Allergies • Treat burns and heal inflamed skin • Acne

<p>Bentonite Clay</p>	<ul style="list-style-type: none">• Detoxify• Improved immune system• Aids in digestion• Boosts energy <p>Can alleviate:</p> <ul style="list-style-type: none">• Acne• Clogged pores
<p>Baking Soda</p>	<ul style="list-style-type: none">• Antiseptic• Antacid• Improves athletic performance• Beauty aid: can be used as dry shampoo, teeth whitener, fingernail cleaner, and facial scrub. <p>Can alleviate:</p> <ul style="list-style-type: none">• Heartburn/upset stomach• Acne• Cold/flu relief• Kidney stones• Gout symptoms• Urinary tract infections